












WEEK 1 MENU

W/C: 15/04 , 06/05 , 27/05 , 17/06 , 08/07 , 09/09 , 30/09 ,
21/10

CHOICE One

CHOICE Two

GRAB & GO options

	RICE BOX	CLASSICS
MON	Chicken Tikka Masala   Served with Wholegrain Rice and Vegetables	Vegetarian Bolognese    Served with Wholewheat Pasta and Mixed Salad
	BURGER BAR	BURGER BAR
TUE	Double Beef Burger Served with Chipotle Wedges and Corn on the Cob	Veggie Burger  Served with Chipotle Wedges and Corn on the Cob
	HOT DELI	HOT DELI
WED	Spicy Chicken Pitta Served with Mixed Salad	Sticky BBQ Quorn Pitta  Served with Mixed Salad
	MAC SHACK	MAC SHACK
THUR	Macaroni Cheese  Served with Roasted Beetroot and Chickpea Salad and Crispy Onions	Macaroni Cheese with Chipotle Sweetcorn   Served with Roasted Beetroot and Chickpea Salad and Crispy Onions
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
FRI	Southern Fried Chicken Goujons with Chips, Baked Beans and Peas	Quorn Sausage Roll  Served with Chips, Baked Beans and Peas

HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza

Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad  
Roasted Indian Chickpea Salad  

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette 
Tuna Mayo Baguette
BLT Baguette

WRAPS:

Pepper and Houmous Wrap  
BBQ Chicken Wrap 
Chicken Caesar Wrap 

WEEK 2 MENU

W/C: 22/04, 13/05, 03/06, 24/06, 15/07, 16/09, 07/10

CHOICE One

CHOICE Two

GRAB & GO options

	CLASSICS	CLASSICS
MON	Sausage and Mash Served with Vegetables and Gravy	Vegetarian Sausage and Mash ♻️ ♡ Served with Vegetables and Gravy
	PAN-ASIAN	PAN-ASIAN
TUE	Mandarin Chicken 🌱 Served with Wholegrain Rice, Peas and Crunchy Slaw	Vegetable Donburi ♻️ Served with Peas and Crunchy Slaw
	HOT DELI	HOT DELI
WED	Roast Chicken and Stuffing Baguette Served with Chipotle Wedges, Coleslaw and Sweetcorn	Korean BBQ Quorn Sub ♻️ Served with Chipotle Wedges, Coleslaw and Sweetcorn
	LOADED NACHOS	LOADED NACHOS
THUR	Chilli Con Carne Nachos ♡ Served with Mixed Salad and Salsa	Chilli No Carne Nachos ♻️ ♡ Served with Mixed Salad and Salsa
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
FRI	Southern Fried Chicken Wrap Served with Chips, Baked Beans and Peas	Cheese and Onion Pasty ♻️ Served with Chips, Baked Beans and Peas

HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza

Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad 🌱 ♻️
Roasted Indian Chickpea Salad ♡ ♻️

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette ♻️
Tuna Mayo Baguette
BLT Baguette

WRAPS:

Pepper and Houmous Wrap ♻️ 🌱
BBQ Chicken Wrap 🌱
Chicken Caesar Wrap 🌱

WEEK 3 MENU

FOOD UNION

W/C: 29/04 , 20/05 , 10/06 , 01/07 , 22/07 , 02/09 , 23/09 , 14/10

CHOICE One

CHOICE Two

GRAB & GO options

	HOT DOGS	HOT DOGS
MON	Classic New Yorker Hot Dog Served with Chipotle Wedges and American Slaw	Tropical Sunshine Hot Dog ♻️ ♡ Served with Chipotle Wedges and American Slaw
	STREET FOOD	STREET FOOD
TUE	Buffalo Chicken Served with Baked Garlic and Herb Wedges and Mixed Salad	Quorn Shawarma Pitta Pocket ♻️ Served with Mixed Salad
	CLASSICS	CLASSICS
WED	Roast Chicken with Roast Potatoes, Vegetables and Gravy	Roast Veggie Balls ♻️ Served with Mashed Potato, Peas and Gravy
	HOT DELI	HOT DELI
THUR	Veggie Burrito ♻️ 🌱 with Chipotle Wedges	Veggie Burrito ♻️ 🌱 with Chipotle Wedges
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
FRI	Southern Fried Chicken Goujons with Chips, Baked Beans and Peas	Vegetable Fajita ♻️ 🌱 Served with Chips, Baked Beans and Peas

HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza

Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad ♻️ ♻️
Roasted Indian Chickpea Salad ♡ ♻️

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette ♻️
Tuna Mayo Baguette
BLT Baguette

WRAPS:

Pepper and Houmous Wrap ♻️ 🌱
BBQ Chicken Wrap 🌱
Chicken Caesar Wrap 🌱